



TESAMORELIN

WHAT IS IT?

Tesamorelin is a synthetic peptide that stimulates the body's release of growth hormone. Increased production supports fat metabolism, lean muscle maintenance, cellular repair, recovery and healthy aging.

BENEFITS

- Reduction of visceral fat
- Lean muscle maintenance
- Healthy metabolism
- Improved body composition
- Increased energy and exercise recovery
- Cellular repair and regeneration
- Healthy aging and overall wellness

TIMELINE

Weeks 1-4

- Gradual improvement in recovery and energy
- Subtle changes in sleep quality for some individuals

Weeks 4-8

- early improvements in body composition
- increased support for lean muscle maintenance
- gradual reduction in abdominal fullness

2-6 months

- Continued improvements in visceral fat reduction
- Enhanced metabolic support
- Ongoing benefits with consistent treatment and healthy lifestyle

HOW IT IS USED

- Subcutaneous injections into abdomen or thigh
- Recommended cycle of 5 days on, fasting or at night and 2 days off

MAXIMIZE YOUR RESULTS

Achieving optimal outcomes with Tesamorelin is a combination of consistency, clinical strategy and supportive lifestyle choices.

- Consume adequate daily protein
- Participate in regular strength and cardiovascular exercise
- Prioritize 7-9 hours of quality sleep
- Stay well hydrated
- Follow a balance nutrition plan

Stay Consistent

- Regenerative therapies build over time.
- Following your customized treatment plan ensures cumulative, long-term improvement in skin quality and repair

SIDE EFFECTS

- Injection site redness or irritation
- Temporary bruising
- Mild headache
- Increased blood sugar in some individuals
- Joint or muscle discomfort
- Temporary swelling or fluid retention
- please contact your provider if you are experiencing any symptoms

*while extremely rare anaphylaxis reactions are possible. If experiencing difficulty breathing, facial, throat or tongue swelling, severe rash or persistent dizziness seek immediate medical attention

SAFETY

Research remains limited and tesamorelin is considered investigational

Not recommended during pregnancy or breastfeeding or those with active cancer or history of cancer.

Disclosure: peptide therapy, including tesamorelin is considered part of integrative and regenerative medicine. Certain uses may be off-label, meaning they are not specifically approved for all indications by the FDA.

Results may vary, consult your provider