



EPITHALON

Cibinetide

WHAT IS IT?

Epithalon is an innovative longevity peptide being studied for its potential to support healthy aging from the inside out. Rather than masking the side effects of aging, it works at the cellular level to promote healthy repair processes. It also promotes healthy melatonin production to encourage sleep and improve circadian rhythms. It also works to help cells function more efficiently over time.

BENEFITS

- supports peri
- small fiber neuropathy
- neuropathic (nerve) pain
- chronic inflammation
- tissue healing
- improved nerve function
- metabolic health in some individuals with Type 2 diabetes

TIMELINE

Weeks 1-2

- Possible reduction in inflammatory symptoms

Weeks 3-6

- Gradual improvement in burning or tingling sensations

Months 2-3

- Continued improvement in nerve symptoms
- Potential improvement in quality of life
- Benefits may continue after treatment ends as repair process continues

HOW IT IS USED

- Subcutaneous injections into abdomen or thigh
- Recommended 1 cycle of daily injections for 30 days

MAXIMIZE YOUR RESULTS

Achieving optimal outcomes with Epithalon is a combination of consistency, clinical strategy and supportive lifestyle choices.

- Stay Hydrated
- Prioritize glucose control and anti-inflammatory diet
- Maintain consistent exercise appropriate for your goals
- Get 7-9 hours of quality sleep nightly
- Support nervous system with adequate nutrition
- Limit alcohol, smoking and processed foods

Stay Consistent

- regenerative therapies build over time. Nerve repair is gradual.
- following your customized treatment plan ensures cumulative, long-term improvement in skin quality and repair

SIDE EFFECTS

- injection site redness or irritation
- temporary bruising
- mild headache, temporary
- fatigue
- nausea or GI discomfort (uncommon)
- generally well tolerated
- please contact your provider if you are experiencing any symptoms

*while extremely rare serious allergic reactions are possible. If experiencing difficulty breathing, swelling of face or throat, severe rash or persistent dizziness seek immediate medical attention

SAFETY

Research remains limited and Epithalon is considered investigational

Not recommended during pregnancy or breastfeeding or those with active cancer or history of cancer.

Disclosure: peptide therapy, including Epithalon is considered part of integrative and regenerative medicine. Certain uses may be off-label, meaning they are not specifically approved for all indications by the FDA. Epithalon is not FDA approved for the treatment, cure or prevention of any disease

Results may vary, consult your provider