



NAD⁺

WHAT IS IT?

Nicotinamide adenine dinucleotide (NAD⁺) is a naturally occurring coenzyme found in every cell of the body. It plays a vital role in converting nutrients into energy, supporting DNA repair, maintaining healthy brain function and promoting normal cellular processes. NAD⁺ levels naturally decline with age, stress, illness and environmental factors. NAD⁺ is designed to help replenish these levels to support overall wellness, healthy aging and optimal cellular performance.

BENEFITS

- Increased cellular energy production
- Mental clarity, focus and cognition
- Healthy aging and cellular repair
- Exercise performance and recovery
- Healthy metabolism
- Stress resilience (physical and mental)
- Overall wellness and vitality

TIMELINE

Weeks 1-2

- Increased energy and stamina
- Improved focus and mental clarity
- Enhanced sense of well being

Weeks 3-6

- Continued cellular energy support
- Improved exercise and stress recovery
- More sustained vitality

Long Term

- Ongoing health support

HOW IT IS USED

- Subcutaneous injections into abdomen or thigh
- Recommended cycle of daily injections for 12 weeks then off for 4-8 weeks

MAXIMIZE YOUR RESULTS

Achieving optimal outcomes with NAD+ is a combination of consistency, clinical strategy and supportive lifestyle choices.

- Stay well hydrated
- Eat a balanced, nutrient-rich diet
- Exercise regularly
- Aim for 7-9 hours of sleep nightly
- Manage stress effectively

Stay Consistent

- Regenerative therapies build over time.
- Following your customized treatment plan ensures cumulative, long-term improvement in skin quality and repair

SIDE EFFECTS

- Injection site redness or irritation
- Temporary bruising, flushing or warmth
- Mild headache
- Fatigue
- Nausea
- Lightheadedness
- Please contact your provider if you are experiencing any symptoms

*while extremely rare serious allergic reactions are possible. If experiencing difficulty breathing, swelling of face or throat, severe rash or persistent dizziness seek immediate medical attention

SAFETY

Research remains limited and NAD+ is considered investigational

Not recommended during pregnancy or breastfeeding or those with active cancer or history of cancer.

Disclosure: peptide therapy, including NAD+ is considered part of integrative and regenerative medicine. Certain uses may be off-label, meaning they are not specifically approved for all indications by the FDA. NAD+ is not FDA approved for the treatment, cure or prevention of any disease

Results may vary, consult your provider